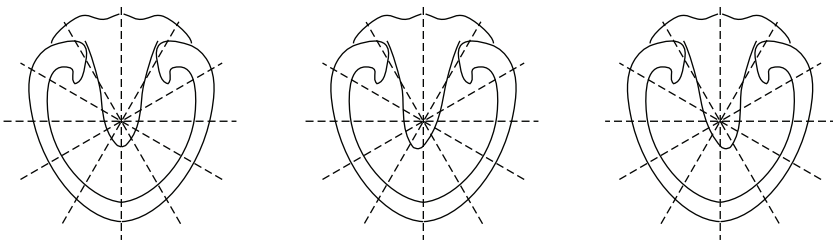
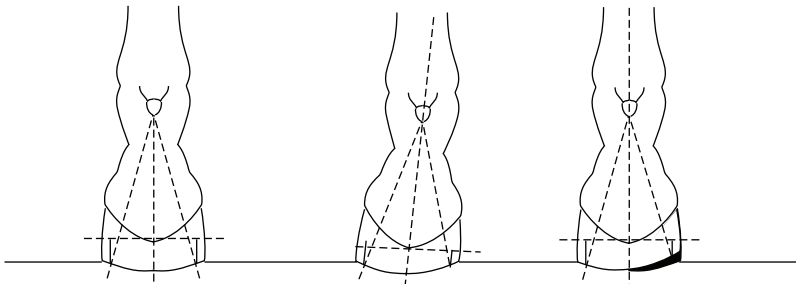
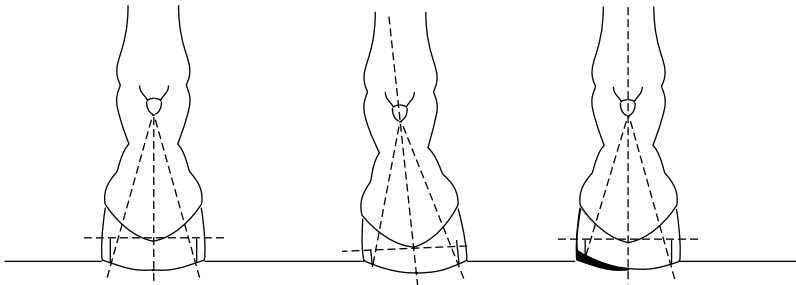




# Task 7

## MEDIAL-LATERAL HOOF BALANCE

Make sure you understand hoof balance, frog alignment, caudal pastern alignment and ergot A-frame location.



# EVALUATION Guide

Name \_\_\_\_\_

Horse \_\_\_\_\_

Date \_\_\_\_\_

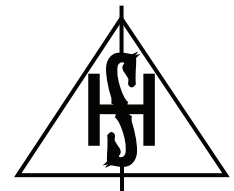
[www.healthy-stride.com](http://www.healthy-stride.com)

[brandon@healthy-stride.com](mailto:brandon@healthy-stride.com)

Brandon's Cell: 706.573.0877

[jim@healthy-stride.com](mailto:jim@healthy-stride.com)

Jim's Cell: 205.577.0685



# Healthy Stride™

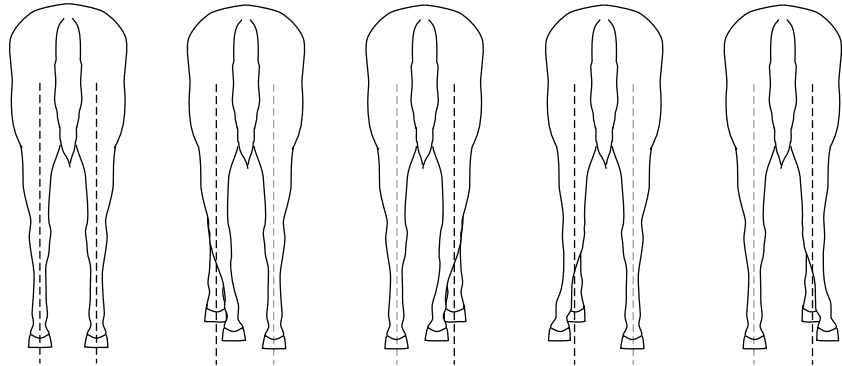
THE SCIENCE OF  
BIOMECHANICAL SOUNDNESS



# Task 6

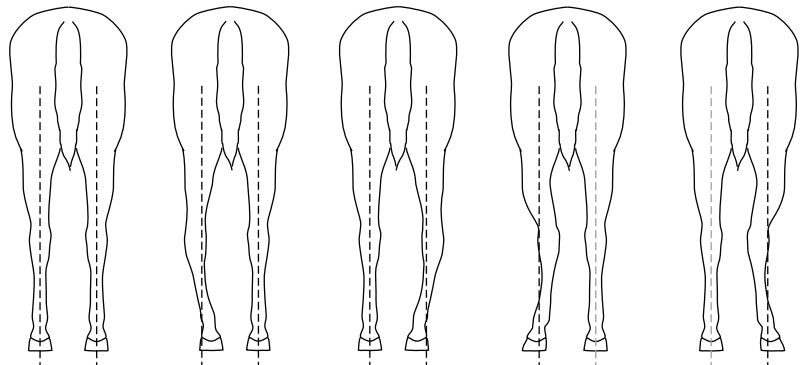
WALK HORSE AWAY FROM YOU

## 1. Do the hind legs track in line with the front legs?



- Straight
- Left in
- Right in
- Left out
- Right out

## 2. Are both hind legs straight from the hip to the hoof?

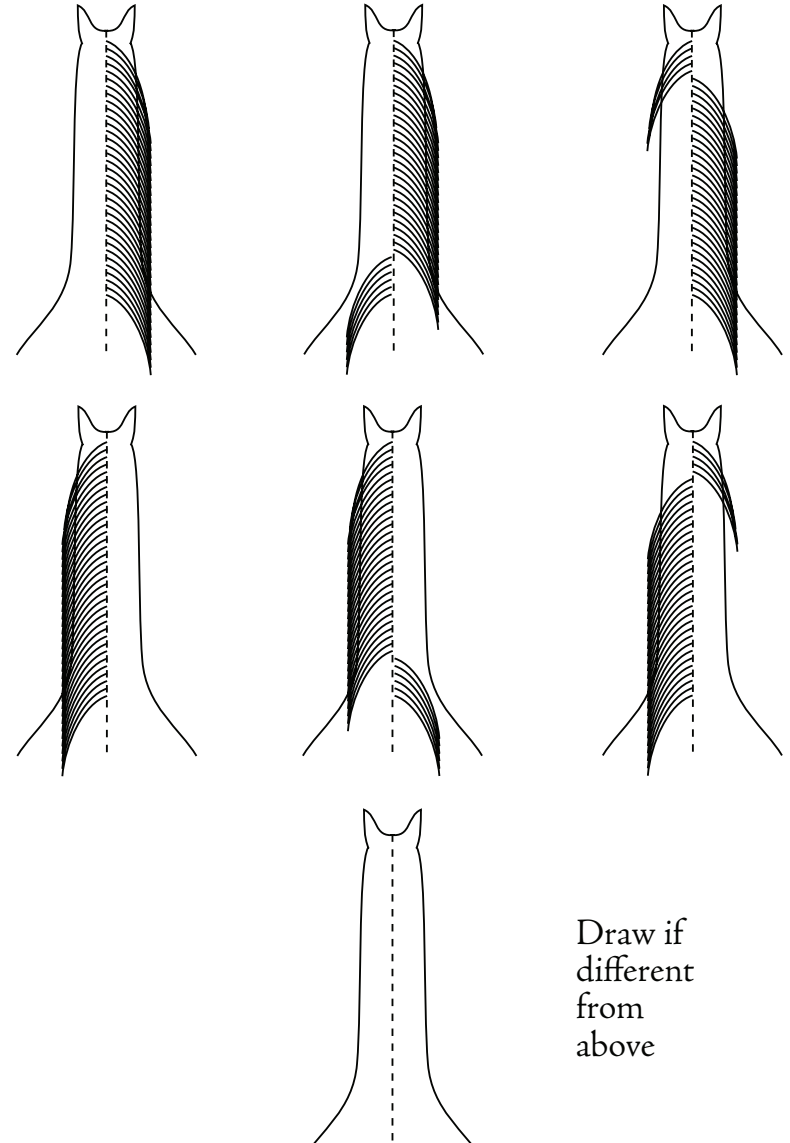


- Straight
- Narrow Left
- Narrow Right
- Left Cow-hock
- Right Cow-hock



# Task 1

VIEW MANE DIRECTION



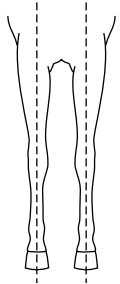
Draw if different from above



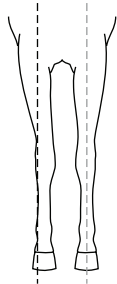
## Task 5

WALK HORSE TOWARDS YOU

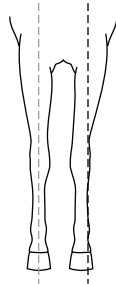
### 1. Are the legs straight?



Both straight

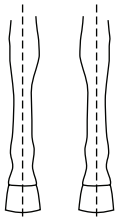


Right in

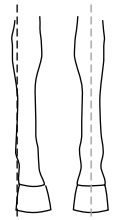


Left in

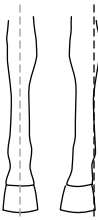
### 2. Are the pasterns straight?



Both straight

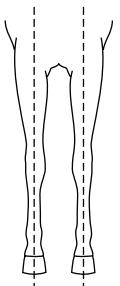


Right in

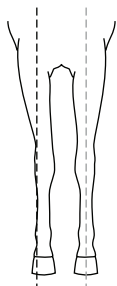


Left in

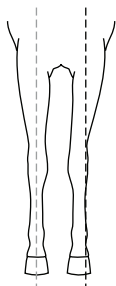
### 3. Does the foot land under the elbow?



Both straight



Right in



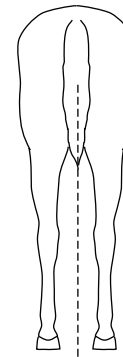
Left in



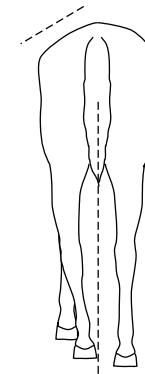
## Task 3

VIEW HIPS & PASTERNS ANGLES

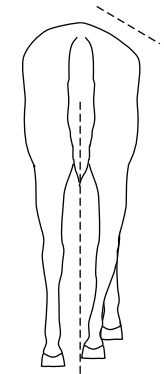
Do they form an arch? Look for one half of the hip to slope a little more from the spine to the hip bone. If you find this look for two things. The hoof under the lower hip will be close to center line or the pastern angle will be lower on that leg. In most cases this will be the WEAK LEG.



Hip arch normal/  
pastern angle normal  
on HIND LEGS



Left hip slopes –  
pastern angle  
lower on left hind



Right hip slopes –  
pastern angle  
lower on right hind



# Instructions

Setting up for Evaluation:

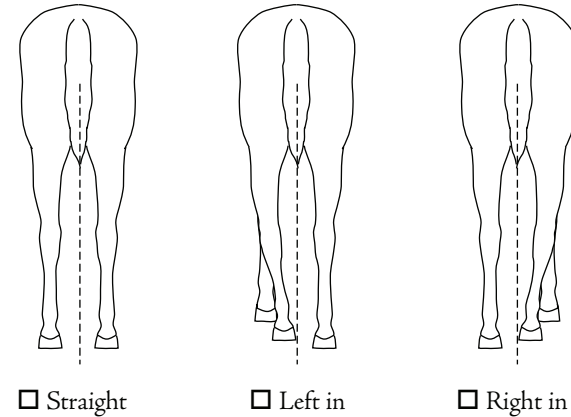
- Lead horse onto concrete or very firm level ground.
- Stand horse square, legs standing side by side:
  - Front legs square and side by side
  - Hind legs square and side by side
  - Head and neck straight forward

Note: If your horse cannot stand comfortably and wants to move a foot forward or back, get the foot as close as you can to square, but don't force him . . . this could be an indication of an issue or discomfort.

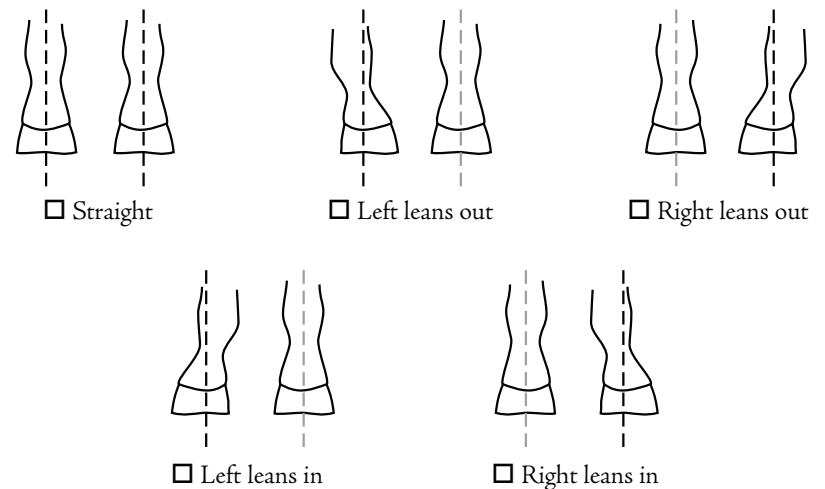
*Congratulations on choosing a Healthy Stride for your horse,*

Brandon & Jim Crew

## 3. Do one or both hind legs travel inwards toward the center line?



## 4. Does either fetlock lean in or out at the point of load?



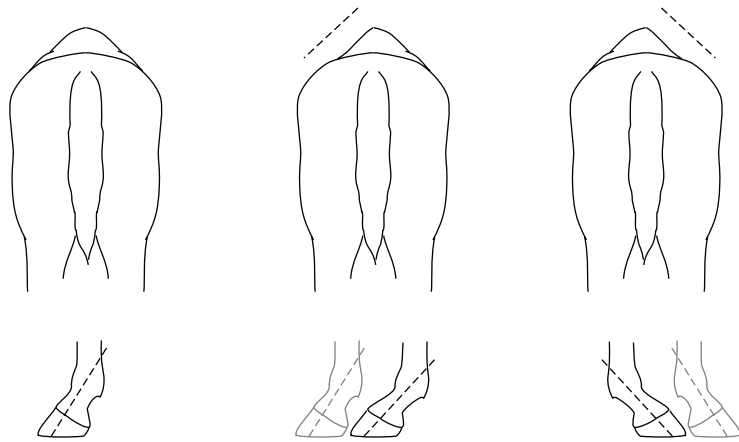


## Task 2

### VIEW WITHERS & PASTERNS ANGLES

Stand behind the horse, look over the hips in a very straight line at the shoulders. (*Lowering the horse's head helps.*)

If you see one shoulder lower or flatter than the other you have found a problem. This task is very important and the key to the front end turning and canter leads.

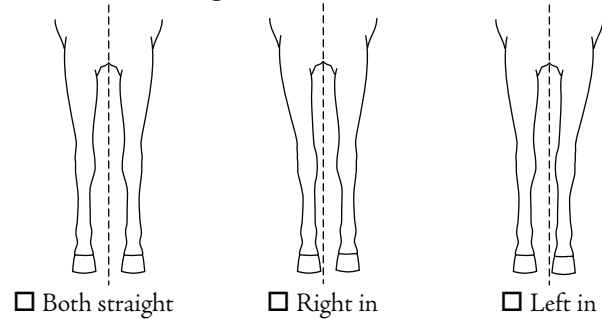


○ Shoulders normal/  
pastern angle normal  
on FRONT LEGS

○ Left shoulder  
lower/flatter –  
pastern angle  
lower on left front

○ Right shoulder  
lower/flatter –  
pastern angle  
lower on right front

#### 4. Do one or both legs move in toward the center line?

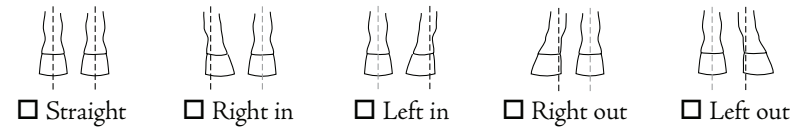


Both straight

Right in

Left in

#### 5. Are the hooves toed-in, toed-out, or straight forward?



Straight

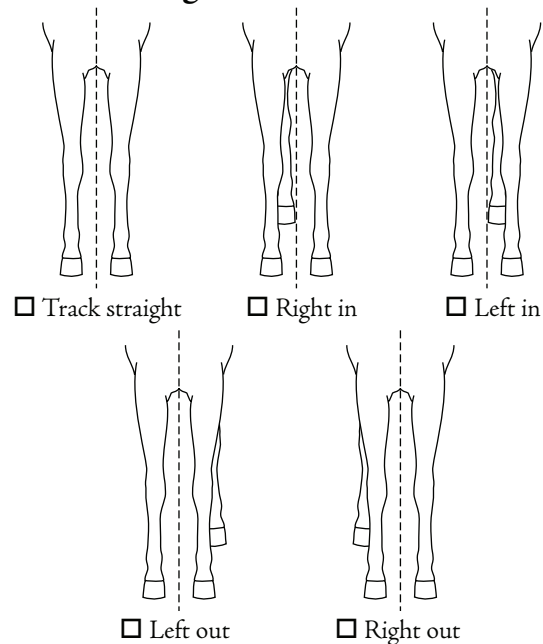
Right in

Left in

Right out

Left out

#### 6. Do the hind legs track in line with the front legs?



Track straight

Right in

Left in

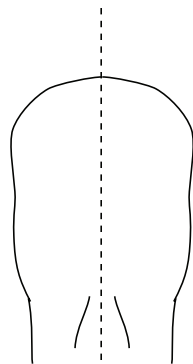
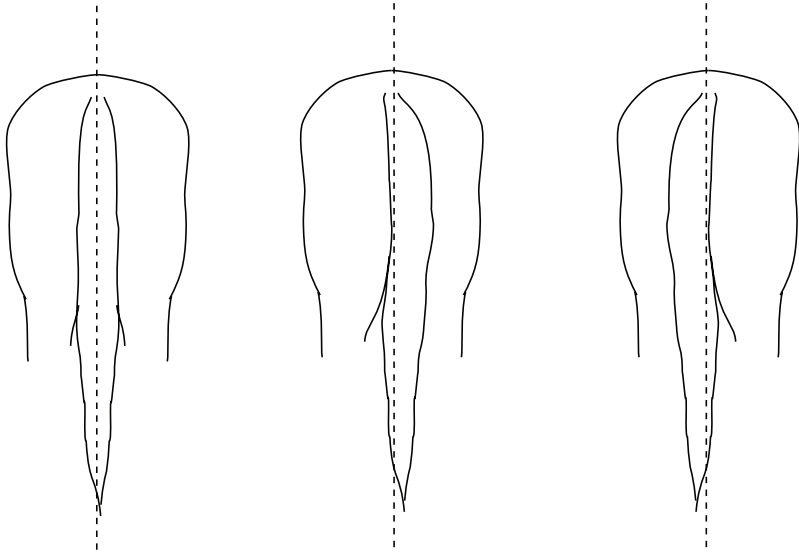
Left out

Right out



# Task 4

VIEW TAIL DIRECTION

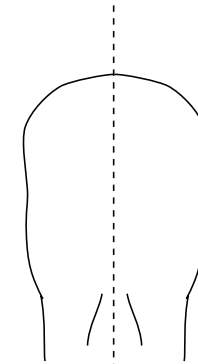
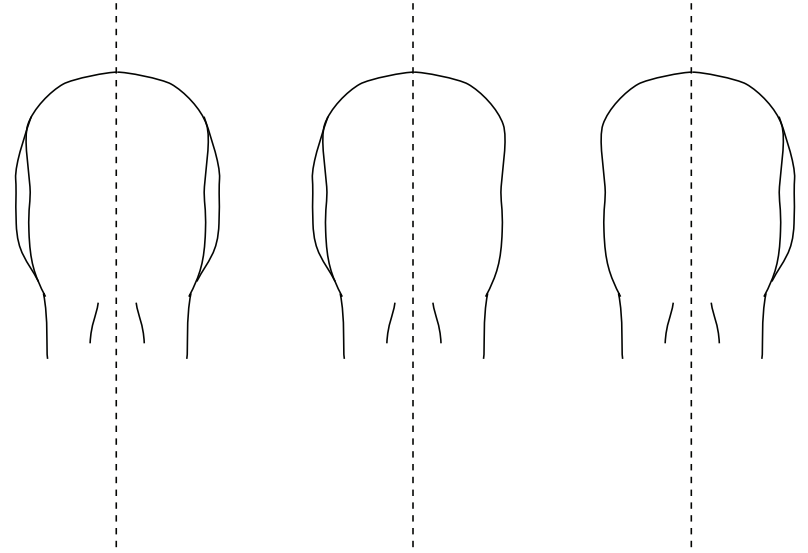


Draw if  
different  
from  
above



# Task 4

VIEW RIB DIRECTION



Draw if  
different  
from  
above